SKIN PIGMENT DISORDERS AND MELANOMA

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COMMON PIGMENT DISORDERS

Birthmark



Figure 10-22 Congenital capillary hemangioma at birth (A) and at age 2 years (B) after spontaneous regression. (Courtesy Dr. Eduardo Yunis, Children's Hospital of Pittsburgh, Pittsburgh, Pa.)

Birthmark



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Café au lait spot

Vitiligo

- Macules or patches of skin with loss of pigment.
- Hands, wrists, perioral or anogenital regions are common sites.
- Loss of melanocytes.
- Abnormality in cellular immunity.
- Autoimmunity.
- 30% thyroid antibodies
- 5% diabetes mellitus
- 50% 10-30 years-old



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• Generalized as well as lip-tip (acral) forms

Melasma (chlorasma)

- 90% women of child bearing age
- 20% among brown-skinned who are taking oral contraceptives (or who are pregnant) and who live in sunny areas
- Pigmentation evolves rapidly
- Usually symmetrical on face
- Light or dark brown to black
- Irregular or serrated borders
- May disappear spontaneously

Acanthosis nigricans

- Develops gradually during childhood or puberty.
- Hyperplastic and hyperpigmented papules with "velvet" texture
- Flexor surfaces as well as posterior neck, axilla, groin.
- May be autosomal dominant.
- FGFR3 mutation
- Usually associated with insulin resistant diabetes
- IGFR1 activates same signalling pathways as FGFR3

Acanthosis nigricans

- May see with pituitary or pineal tumors
- If arise in middle age, may be harbinger of GI cancer.
- Histology
- The epidermis and underlying enlarged dermal papillae undulate sharply to form numerous repeating peaks and valleys.
- Variable hyperplasia may be seen, along with hyperkeratosis and slight basal cell layer hyperpigmentation (but no melanocytic hyperplasia).

Acanthosis nigricans



Source: Fauci AS, Kasper DL, Braunwald E, Hauser SL, Longo DL, Jameson JL, Loscalzo J: *Harrison's Principles of Internal Medicine*, 17th Edition: http://www.accessmedicine.com Copyright © The McGraw-Hill Companies, Inc. All rights reserved.

Fig. e-10 Accessed 07/16/2010

Dermatofibroma

- Often on the legs of young to middle-aged women.
- Firm, tan, brown. Generally <1cm in size
- Formed by spindle shaped fibroblasts arranged in a well-defined non-encapsulated mass within the mid dermis. Occasional foamy histiocytes noted.
- May see finger-like downward elongation of hyperpigmented epidermis (<u>pseudoepitheliomatous</u> <u>hyperplasia</u>).
- May extend to fat
- Indolent
- Express Factor XIIIa.
- Excision is curative.

Dermatofibroma



A

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Fig. 9-49 Accessed 07/16/2010



в

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Figure 25-16 Benign fibrous histiocytoma (dermatofibroma). This firm, tan papule on the leg (A) contains a circumscribed dermal proliferation of benignappearing spindle cells (B). Note the characteristic overlying epidermal hyperplasia (B) and the tendency of fibroblasts to surround individual collagen bundles (C).

Dermatofibrosarcoma protuberans

- Proliferative nodule often on trunk
- May ulcerate
- Closely packed fibroblasts in <u>storiform</u> pattern. Mitoses rare.
- Deep extension into subcutaneous fat produces a "<u>honeycomb</u>" pattern.
- Well differentiated primary fibrosarcoma of skin.
- Indolent
- Translocation t(17;22) involving COLA1 and PDGFβ.
- Drives tumor cell growth through an autocrine loop.



Figure 25-17 Dermatofibrosarcoma protuberans. A, The tumor consists of a flesh-colored fibrotic nodule on sectioning. B, The lesion often infiltrates the subcutis in a manner reminiscent of "Swiss cheese" to aficionados. C, A characteristic storiform (swirling) alignment of the spindled cells is apparent.

Neurofibroma

- Well delineated hyperpigmented encapsulated masses composed of spindle cells.
- Not invasive, but may involve adnexae.
- NF1 mutation common.
- RAS activation

• Fig. 142-14 Accessed 07/16/2010



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Pyogenic granuloma

- Lobular capillary hemangioma.
- Red nodule.
- Bleed and ulcerate.
- Excision is curative.
- May be viral induced.
- Children, young adults, pregnant women.
- Retinoids and protease inhibitors also as causes.
- Proliferation of abnormal blood vessels, with fibroblastic and neutrophilic, lymphocytic infiltrates.

Kaposi's sarcoma

- First described in limbs of older Ashkenazi men.
- Red to purple skin plaques or nodules.
- May become confluent.
- Few visceral lesions.
- Human Herpes virus VIII associated with Kaposi sarcoma lesions in homosexual men.
- Involvement of lymph nodes and GI tract common. (HHV 8 is a homologue of p53 and cyclin D inhibitor.)
- Factor VIII demonstrated in endothelial cells.

Bacillary angiomatosis

- Distinguished from Kaposi sarcoma by tumor like vessel growth
- Absence of Factor VIII
- Demonstration of Bartonella in the lesion
- Respond to erythromycin

Kaposi's sarcoma



Source: McPhee SJ, Papadakis MA: Current Medical Diagnosis and Treatment 2010, 49th Edition: http://www.accessmedicine.com Copyright © The McGraw-Hill Companies, Inc. All rights reserved.

Fig. Ch. 6 Accessed 07/16/2010

Kaposi's sarcoma



Figs. 7-72 and 7-69 Kempson, Richard L., Fletcher, Christophr DM, Evans, Harry L, Hendrickson, Michael R, and Sibley, Richard K, Tumors of the Soft Tissues, Fascicle 30, Atlas of Tumor Pathology. 3rd Series. Armed Forces Institute of Pathology, Washington, DC (2001).

MELANOCYTIC LESIONS

Pre-malignant lesions

- Ephelis (freckle)
- Most common pigmented lesions in childhood in light-skinned individuals
- Tan-red or light brown macule 1-3mm diameter.
- Increased melanin production basal keratinocytes; melanocytes are normal.
- Café-au-lait spots have similar histology
- Arise independently of sun exposure
- Contain aggregated melanosomes

Pre-malignant lesions

- Lentigo
- Oval tan-brown patches. May involve mucosa.
- Hyperpigmented lesion occurring as a result of increased numbers of melanocytes along the basement membrane. <u>Linear non-nested</u>.
- In contrast to a freckle, a lentigo does not darken with sunlight.

- Present in childhood
- Relatively flat macules or elevated papules with well-defined, rounded borders
- May progress through pregnancy
- All nevi have BRAF or N-RAS mutations; are neoplasms.
- Later mutation in CDKN2A or CHK4 needed for progression to melanoma

Table 25-2 Representative Variant Forms of Melanocytic Nevi

Nevus Variant	Diagnostic Architectural Features	Cytologic Features	Clinical Significance
Congenital nevus	Deep dermal and sometimes subcutaneous growth around adnexa, neurovascular bundles, and blood vessel walls	Identical to ordinary acquired nevi	Present at birth; large variants have increased melanoma risk
Blue nevus	Non-nested dermal infiltration, often with associated fibrosis	Highly dendritic, heavily pigmented nevus cells	Black-blue nodule; often confused with melanoma clinically
Spindle and epithelioid cell nevus (Spitz nevus)	Fascicular growth	Large, plump cells with pink-blue cytoplasm; fusiform cells	Common in children; red-pink nodule; often confused with hemangioma clinically
Halo nevus	Lymphocytic infiltration surrounding nevus cells	Identical to ordinary acquired nevi	Host immune response against nevus cells and surrounding normal melanocytes
Dysplastic nevus	Coalescent intraepidermal nests	Cytologic atypia	Potential marker or precursor of melanoma

- Junctional nevus
- Relatively flat macules with well-defined, rounded borders
- Nevus cell proliferation confined to the basal layer of the epidermis
- Nuclei of nevus cells are uniform and rounded in contour, contain inconspicuous nucleoli, and show little or no mitotic activity.
- Earliest form.
- May progress during pregnancy.



Left: Junctional nevus Right: Compound nevus

> If an area of depigmentation about nevus, is called a Halo nevus

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Figs. 9-2A and 93A Accessed 07/16/2010



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Figure 25-2 Melanocytic nevus, junctional type. **A**, Grossly, lesions are small, relatively flat, symmetric, and uniform. **B**, On histologic examination, junctional nevi are characterized by rounded nests of nevus cells originating at the tips of rete ridges along the dermoepidermal junction.

- Progressive growth of nevus cells from the dermalepidermal junction into the underlying dermis is accompanied by morphologic changes that are taken to be a reflection of oncogene induced senescence
- A <u>compound nevu</u>s has both epidermal and dermal components.
- Nodular, with well-defined, rounded borders
- An <u>intradermal nevus</u> has lost the epidermal component.
- Dermal nevus
- Proliferation confined to the dermis



Figure 25-3 Melanocytic nevus, compound type. In contrast to the junctional nevus, the compound nevus (A) is raised and dome-shaped. The symmetry and uniform pigment distribution suggest a benign process. Histologically (B), compound nevi combine the features of junctional nevi (intraepidermal nevus cell nests) with nests and cords of dermal nevus cells.

- <u>Nevocellular Nevus</u>
- Benign proliferation of melanocytes transformed from non-Langherans dendritic cells normally interspersed among basal keratinocytes.
- Uniform round cells with inconspicuous nucleoli found along the dermal-epidermal junction.
- Deeper in the dermis, the cells are smaller and grow in cords.
- At the deepest level, a more neural appearance is seen where the cells grown in fascicles (a process called maturation.)
- Melanin is produced principally by superficial cells.

- Histopathology
- Composed of uniform round cells with inconspicuous nucleoli and few mitoses arranged in nests.
- In deeper tissues, may be fusiform and grow in fascicles (neurotization).

Common pigment disorders

- Blue Nevus
- Irregular bundles of melanin containing fibroblastlike dermal melanocytes, often associated with fibrosis, giving a blue-black color to the lesion. Epidermis normal.
 - Onset late adolescence.
 - No sex predilection
 - Rarely malignant



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Common pigment disorders

- Spindle and Epithelioid Cell Nevus (Spitz Nevus)
- Arise rapidly.
- All ages with no sex preponderance
- Large plump fusiform cells with pink-blue cytoplasm. Fascicular (vertical) growth. Large mononuclear or multinucleated giant cells in epidermis or dermis. Large melanocytes. Few mitoses.
- Pink, dome-shaped nodule.
- Red-pink nodule often confused with hemangioma.



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Fig. 122-18 Accessed 07/16/2010

Nevus patterns



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Left: Nevus showing melanin in nests at dermal-epidermal junction. Right: A. Nevus showing spindle cells. Nests present at dermal-epidermal junction. B. Spitz nevus showing spindle cells in dermis and multinucleated giant cells at dermal-epidermal junction.

Figs. 122-16 and 122-19 Accessed 07/16/2010

Dysplastic nevus

- Nevus of Clark, atypical mole
- Generally >5mm in largest dimension.
- Flat macules, slightly raised plaques with a "pebbly" surface, or target-like lesions with a darker raised center and irregular (notched), flat border.
- Variable in pigmentation (variegation)
- Appear just before puberty.
- Arise in continuity with centrally located compound nevus
Dysplastic nevus

- Histopathology
- Fusion and coalescence of nests of nevus cells in the epidermis.
- Single nevus cells with nuclear atypia are found in the basal layer (lentiginous hyperplasia).
- Nuclear enlargement, with irregular, often angulated, nuclear contours, and hyperchromasia
- Lymphocytic response is generally sparse
- Pigment released into dermis from dead cells (melanin incontinence)
- Linear fibrosis surrounding the involved
 epidermal rete ridge

Dysplastic nevus syndrome

- May have many such nevi over sun exposed and non-sun exposed surfaces
- 50% of those develop melanoma over lifetime 50% have CDKN2A mutation at 9p21 Depress RB gene, permitting cell cycle entry

Dysplastic nevus



Fig. 12-2A Accessed 07/16/2010

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Figure 25-6 Dysplastic nevus. **A**, Numerous atypical nevi on the back. **B**, One such lesion (*inset A*) has a compound nevus component (*left*) and an asymmetric junctional nevus component (*right*). The former corresponds to the more pigmented and raised central zone and the latter to the less pigmented, flat peripheral rim of the lesion shown in **A**. **C**, An important feature is the presence of cytologic atypia (irregularly shaped, dark-staining nuclei). The dermis underlying the atypical cells characteristically shows linear, or lamellar, fibrosis.

Dysplastic nevus



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E. The nuclei of the melanocytes are atypical and enlarged, characteristic of epithelioid melanocytic dysplasia. F. Melanocytes are in linear array, characteristic of lentiginous melanocytic dysplasia. The melanocytes are not as enlarged as in the area of epithelioid dysplasia.

(Photomicrographs used with permission from Wallace H. Clark, Jr.)

Fig. 123-2 Accessed 07/20/2010

Lentigo maligna

- A large, very irregular and asymmetric macule
- Sun exposed areas
- Median age 65 years-old
- 5-10% of cutaneous melanomas
- Rare in non-whites
- Lentiginous spread.
- There is striking variegation of pigmentation (tan, brown, dark brown, black).
- A desmoplastic variant may not be pigmented.
- Neurotization of cells in dermis.
- This is malignant melanoma in situ

Lentigo maligna



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Fig. 12-7 Accessed 07/16/2010

- ABCDE of melanoma
- Asymmetric
- Border is irregular
- Color variable
- <1% are not pigmented
- Diameter enlarged
- >10mm in largest dimension
- Enlarging lesion (particularly if rapid)

Diagnostic criteria

- If a pigmented skin lesion has enlarged, the positive likelihood ratio (LR+) for melanoma is 11, while the LR- is 0.2.
- Asymmetry
- Irregular border
- Irregular (variegated) pigmentation
- Increasing diameter in a skin lesion are associated with an LR+ of 8.3 for melanoma.
- If <u>all five criteria</u> are present, the LR+ is 98 for melanoma.

- Occurs in sun exposed areas of skin
- Periodic severe sunburns early in life are the most important risk factor.
- Large cells with prominent nucleoli form poorly defined nests. Single cells are present in the epidermis.
- Both upward invasion in the epidermis as well as downward invasion into the dermis may be seen.
- 10% familial melanoma
- Young age
- Multiple dysplastic nevi



Figure 25-8 Melanoma. **A**, Typical lesions are irregular in contour and pigmentation. Macular areas correlate with the radial growth phase, while raised areas correspond to nodular aggregates of malignant cells in vertical growth phase. **B**, Radial growth phase, showing irregular nested and single-cell growth of melanoma cells within the epidermis and an underlying inflammatory response within the dermis. **C**, Vertical growth phase, demonstrating nodular aggregates of inflitrating cells. **D**, High-power view of melanoma cells. The *inset* shows a sentinel lymph node with a tiny cluster of melanoma cells (*arrow*) staining for the melanocytic marker HMB-45. Even small numbers of malignant cells in a draining lymph node may confer a worse prognosis.

- Activating mutations in BRAF, a serine/threonine kinase that is downstream of RAS, are seen in 40-50%
- Activating mutations in N-RAS occur in an additional 15% to 20% of tumors.
- Activate P13K/AKT pathway as PTEN at 10q23.31 lost
- PI3K/AKT pathway mutations common.
- 70% TERT amplification (telomerase reactivated)
- Create new binding sites for ETS transcription factors, which are known to be up-regulated by BRAF signaling

- Loss of CDKN2A gene at 9p21
- 40% of hereditary cases show this abnormality.
- 10% of sporadic cases
- Codes for p16 (inhibit CDK4 and CDK6)
- De-represses RB, permitting cell cycle entry.
- Also codes for p14^{arf}.
- Loss of p14^{arf} removes inhibition of MDM2 and accelerates p53 degradation.
- Loss of CDK4 gene at 12q14.1 also noted in <u>familial</u> <u>melanoma</u>.
- De-represses RB, permitting cell cycle entry.

- CTLA-4 expression evades immunologic surveillance by turning off T-cell.
- Impaired apoptosis as terminal step.
- <u>Uveal melanoma</u> associated with mutations of GNAQ at 9q21.2 (25%) and GNA11 (55%) at 19p13.3
- No GTP to GDP conversion



Figure 25-7 Pathways important in melanoma. Growth factors activate signaling circuits involving receptor tyrosine kinases (e.g., KIT), RAS, and two key downstream pathways that include the serine/threonine kinase BRAF and the phospholipid kinase PI3K. Proteins indicated by asterisks are mutated in melanoma. Components of these pathways that are being targeted by drugs are indicated.

- Acral melanoma that occurs on feet is not related to sun exposure, and is usually seen in darker pigmented individuals.
- 8% of cases
- Not related to sun exposure
- Median age 65 years-old
- Principal melanoma in Africans, Asians
- Presents in nail bed (subungual)
- Thumb or great toe usual sites
- BRAF (15%), N-RAS (15%), C-KIT (15%) mutations.
- KIT at 4q12 lies upstream of RAS

- Melanoma not related to sun exposure and not acral
- BRAF (50%), N-ras (20%), but no C-KIT mutations.
- 20% also have PTEN mutations
- Melanoma arising from mucosal surfaces
- BRAF (5%), N-RAS (15%), and C-KIT(20%) mutations.

Acral lentiginous melanoma



Lentiginous component on the dorsal skin of the thumb: macular, sharply and ill-defined brown and grey-bluish spots. Subungual and distal ulcerated nodular component.

Fig. 12-14A Accessed 07/16/2010

A

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- Radial growth describes the horizontal spread of melanoma within the epidermis.
- Lentigo maligna (5-10%)
- Median age 65 years-old
- Sun exposed skin
- Indolent
- Superficial spreading type (70%)
- Sun exposed skin
- Ages 30-50 years-old



Source: Wolff K, Johnson RA: *Fitzpatrick's Color Atlas and Synopsis of Clinical Dermatology, 6th Edition:* http://www.accessmedicine.com Copyright © The McGraw-Hill Companies, Inc. All rights reserved. The upper dark brown portion with a pinkish rim of this lesion is a dysplastic nevus.

The variegated blueblack and pink plaque in the lower half of the lesion is the <u>superficial</u> <u>spreading</u> melanoma (0.9-mm thickness) arising within the dysplastic nevus.

Fig. 12-3 Accessed 07/16/2010

Radial growth phase



This <u>superficial spreading</u> tumor shows intra-epidermal growth. In this photomicrograph, the <u>pagetoid distribution</u> is evident in the epidermis. The cells are relatively uniform and have an abundance of dusty, fine pigment. These relatively large melanoma cells are frequently referred to as <u>epithelioid cell</u> <u>type.</u>

Fig. 124-10 Accessed 07/20/2010

Source: Wolff K, Goldsmith LA, Katz SI, Gilchrest BA, Paller AS, Leffell DJ: *Fitzpatrick's Dermatology in General Medicine*, 7th Edition: http://www.accessmedicine.com

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- Vertical growth phase refers to downward growth of lesion into deeper dermis.
- Nodular appearance
- Absence of neurotization
- Depth of invasion (Breslow thickness) associated with metastatic potential and survival
- <u>Nodular form (no radial growth phase)</u>
- Median age 55 years-old
- Sun exposed areas



A

Source:Wolff K, Johnson RA: Fitzpatrick's Color Atlas and Synopsis of Clinical Dermatology, 6th Edition: http://www.accessmedicine.com An only minimally flat-topped, elevated, asymmetric and irregular plaque with variegate color (brown, black) with sharply demarcated margins. The surface is also irregular with a cobblestone pattern. This is <u>radial growth</u> (laterally).

In the center there is a small black, dome-shaped nodule. This is the switch to the vertical growth phase.

Fig. 12-11A Accessed 07/16/2010

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Vertical growth phase



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A. Low-powered photomicrograph demonstrating a dome-shaped expansile tumor located in the upper dermis. B. Highpowered photomicrograph reveals nests of anaplastic epithelioid cells in the tumo**r.**



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Fig. 124-17 Accessed 07/20/2010

- Breslow thickness
- Distance from granular layer or depth of ulcer to the deepest continguous melanoma
- More accurate than older <u>Clark level.</u>
- Ulceration predisposes to metastasis.
- Satellite or in-transit (intralymphatic) metastases poor prognostic feature.
- Elevated LDH levels poor prognostic feature.

- Good prognostic features
- Tumor involving an extremity
- Tumor <0.75mm thick
- Radial growth pattern
- Low tumor cell mitotic rate

- Excisional skin biopsy completely removes the tumor.
- Curative if the tumor is small, thin, <1 mitosis/mm³, and 2cm tumor free margins can be obtained.
- Incisional biopsy is performed if the tumor is large. <u>The thickest area should be sampled (if flat, the</u> <u>darkest area).</u>
- <u>Resected lesions (Stages I-III) rarely recur</u>

- If nodes clinically negative and lesion >1.0mm thick or mitotic index >1/mm³, sentinel node biopsy.
- If sentinel node positive, (therapeutic) lymphadenectomy.
- Then, adjuvant therapy with CTLA-4 and PD-1 antibodies
- PD-L1 affects tumor micro-environment
- PD-1 receptor is expressed on activated lymphocytes and modulates T-cell exhaustion.
- Blockade may reactivate lymphocytes with antitumor activity.

- CTLA-4 primes T-cell
- LAG-3 expression not relevant
- Nivolumab and relatlimab as first line therapy.
- Patients who respond to administration of CTLA-4 antibodies (10%) may remain tumor free for long periods.
- Enables recognition of self-antigens
- Nivolumab with dabrafenib/trametinib in BRAF V600+ unresectable melanoma as well as if CNS metastases present

Immune-inhibitory Tregs, PD-L1, and IDO are associated with a CD8⁺ T cell infiltrate



Presented By: Thomas F. Gajewski, M.D., Ph.D.

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Upregulation of autophagy signaling is driven by increased expression of *GFAP* and *HBB* in MBM



Presented By: Lucy Boyce Kennedy

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5

Batf3-lineage dendritic cells are involved in both the priming phase and the effector phase of antitumor CD8⁺ T cell response



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- Vitamin D levels inversely associated with disease extent and survival
- CD8+ T cells isolated from patients recognize autologous tumor cells
- Gp100 peptide based vaccines may delay progression.
- 10% response to vaccine
- β-catenin activation sufficient for resistance to immunotherapy

- Metastatic melanoma patients treated with biochemotherapy and maintenance immunotherapy who have a normal LDH level or skin or nodes as their metastatic sites may have durable remission of their disease.
- Antibiotic therapy may lower response to tyrosine kinase inhibitors
- Microbiome downregulates CD4, upregulates CD8

- Isolated limb perfusion at 42C with melphalan or thiotepa chemotherapy is given with interferon-α and TNF after regional lymphadenectomy.
- Regression of visceral metastases is seen with combination chemotherapy (cisplatin, carmustine, dacarbazine, tamoxifen or cisplatin vinblastine, dacarbazine) and biologic therapy with interferon-α or IL 2.
Uveal Melanoma (UM)



- Distinct biology from cutaneous melanoma
- Propensity for liver metastasis
- No standard therapy once metastatic
- Poor OS, median ~12 months
- Expression of gp100

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Malignant melanoma

- End and limited-stage ocular melanoma managed by close observation.
- Radiation may be employed.
- Enucleation if:
- Tumor is growing in a blind eye
- Melanoma involves more than half the iris or involves the anterior chamber
- Extraocular extension.



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